

OFF CAMP FOR KIDS

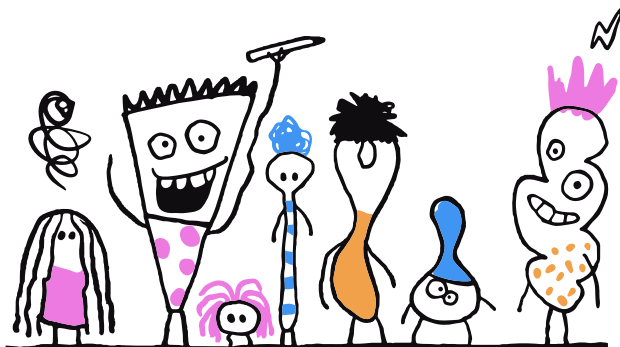
JUNE 03–JUNE 05
9:30–16:00



ABOUT SJØHOLMEN

Sjøholmen is a cultural center just a 15-minute drive from downtown Oslo, where many camp activities will be held.

Sjøholmen is located in a beautiful historic villa on the waterfront with a connected park, a playground, obstacle courses, and art installations. Sjøholmen's staff, led by Mette Torstensen, are dedicated professionals experienced in hosting cultural programming for children.



PROGRAM OVERVIEW

The Human Rights Foundation (HRF) invites you to bring your family to the Oslo Freedom Forum (OFF) Camp for Kids! Co-hosted by OFF and the Sjøholmen Center, OFF Camp for Kids is an interdisciplinary human rights camp that encourages children (ages 5 to 12)* to engage with themes explored during OFF—such as human rights, freedom, and democracy— through creative and engaging age-appropriate activities. The camp includes fun activities, sports, and educational programming around the city of Oslo.

While you enjoy the full experience of OFF, your child will explore Oslo, from the Nobel Peace Center to the Freia Chocolate Factory, and take part in educational, fun activities like a workshop with renowned Norwegian cartoonist Øistein Kristiansen and art projects with human rights defenders.

OFF Camp for Kids will run from **9:30-16:00 on Monday, June 3, through Wednesday, June 5**, with an optional add-on of night-time supervision by experienced childcare providers.



For the quality and safety of this program, capacity is very limited. If you are interested in participating or would like to inquire about pricing, please contact offkidscamp@hrf.org by April 15.

*AGE GROUPS: 5-8 years and 9-12 years

The groups will eat meals and have some joint activities together.

If your child is 13+, they are encouraged to join official OFF daytime programming, and they may take advantage of OFF Camp for Kids evening events and supervision at the Grand Hotel.